

Open Gate Sangha

Information: (408) 356-8503

opengate@pobox.com

www.zen-satsang.org

ADYASHANTI

July–December 2004



***T** rue freedom comes
when every speck of the known
collapses into the unknown,
not just for a moment
but continually.*

~Adyashanti

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July through December 2004 At-a-Glance

Southwest tour begins June 29 in Tucson... See page 7

July

Thu, Jul 1	Taos Satsang	7-9pm
Fri, Jul 2	Santa Fe Satsang	7-9pm
Sat, Jul 3	Santa Fe Intensive	10am-6pm
Sun, Jul 4	<i>Intensive Day 2</i>	1-6pm
Sat, Jul 31	Oakland Satsang	11am-12:45pm
Sat, Jul 31	Santa Cruz Satsang (v)	5:15-7pm

August

Wed, Aug 4	Palo Alto Satsang	7-8:45pm
Sat, Aug 7	Palo Alto 2-Day Intensive	10am-6pm
Sun, Aug 8	<i>From Freedom to Love</i>	1-6pm
Sat, Aug 14	Oakland Satsang (v)	11am-12:45pm
Sat, Aug 14	Santa Cruz Satsang	5:15-7pm
Tue, Aug 17	Vajrapani 5-Night Retreat	Check in: 3-5pm
Sun, Aug 22	<i>Retreat Ends</i>	Check out: 1pm
Wed, Aug 25	Palo Alto Satsang	7-8:45pm
Fri, Aug 27	Weekend at Esalen	Check in: after 2pm
Sun, Aug 29	<i>Esalen Ends</i>	Check out: after 12 noon

September

Wed, Sep 1	Palo Alto Satsang	7-8:45pm
Sat, Sep 4	Oakland Satsang	11am-12:45pm
Sat, Sep 4	Santa Cruz Satsang (v)	5:15-7pm
Tue, Sep 7	Mt Madonna 5-Night Retreat	Check in: 3-5pm
Sun, Sep 12	<i>Retreat Ends</i>	Check out: 1pm
Sat, Sep 25	Santa Cruz Satsang	5:15-7pm
Sun, Sep 26	Mill Valley Satsang	4-5:45pm
Wed, Sep 29	Palo Alto Satsang	7-8:45pm

Dates noted with a “(v)” indicate that the satsang will be videotaped.

Participants understand that all events with Adyashanti will be recorded for use by Open Gate Sangha, Inc.

October

Sat, Oct 2	San Rafael 2-Day Intensive	10am-6pm
Sun, Oct 3	<i>To Live the Truth</i>	1-6pm
Wed, Oct 6	Palo Alto Satsang	7-8:45pm
Sat, Oct 9	Oakland Satsang (v)	11am-12:45pm
Sat, Oct 9	Santa Cruz Satsang	5:15-7pm
Tue, Oct 12	New Jersey Satsang	7-9pm
Thu, Oct 14	New York City Satsang	7-9pm
Fri, Oct 15	New York City Satsang	7-9pm
Sat, Oct 16	New York City Intensive	10am-6pm
Tue, Oct 19	Boston Satsang	7-9pm
Wed, Oct 20	Boston Satsang	7-9pm
Sat, Oct 23	Oakland Satsang	11am-12:45pm
Sat, Oct 23	Santa Cruz Satsang	5:15-7pm

November

Tue, Nov 2	Mt Madonna 5-Night Retreat	Check in: 3-5pm
Sun, Nov 7	<i>Retreat Ends</i>	Check out: 1pm
Wed, Nov 10	Palo Alto Satsang	7-8:45pm
Sat, Nov 13	Santa Cruz Satsang (v)	5:15-7pm
Sun, Nov 14	Mill Valley Satsang	4-5:45pm
Wed, Nov 17	Palo Alto Satsang	7-8:45pm
Sat, Nov 20	Oakland Satsang	11am-12:45pm
Sat, Nov 20	Santa Cruz Satsang	5:15-7pm
Sun, Nov 21	Spirit Rock Intensive	11am-6pm
Tue, Nov 30	Mt Madonna 5-Night Retreat	Check in: 3-5pm

December

Sun, Dec 5	<i>Retreat Ends</i>	Check out: 1pm
Wed, Dec 8	Palo Alto Satsang	7-8:45pm
Sat, Dec 11	Santa Cruz Satsang	5:15-7pm
Sun, Dec 12	Mill Valley Satsang	4-5:45pm
Wed, Dec 15	Palo Alto Satsang	7-8:45pm
Sat, Dec 18	Oakland Satsang (v)	11am-12:45pm
Sat, Dec 18	Santa Cruz Satsang	5:15-7pm
Sun, Dec 19	Christmas Intensive	3-9pm

Sangha News and Gratitude

Adyashanti's teachings continue to touch the hearts of more and more people, and requests for him to give satsang and retreats have come from many parts of the US, Canada, and several European countries. This year Adyashanti accepted two of these new invitations. In August he will visit Esalen Institute in California for the first time to offer a weekend intensive, and in October he'll be visiting and offering satsang on the East Coast. Adyashanti had been teaching for less than a year when East Coast residents first began to contact Open Gate Sangha. Now, almost eight years into his teaching, Adya is pleased to be able to spend time with the growing East Coast branch of our sangha.

Retreats are Adyashanti's favorite venue for teaching. For many participants, these retreats are profoundly liberating events. Many serious

spiritual seekers are drawn to the opportunity provided by retreat to delve deeply into both profound silence and intimate inquiry. Over the past several years, retreat applications have increased by more than 50 percent each year. We do our best to accommodate everyone who would like to go on retreat with Adya. Even so, during the last registration period, we had several hundred more applications than retreat spaces available. In order to keep up with this growing demand, we are now looking for larger retreat sites that can accommodate more people.

Change has accompanied this growth. These past few months have seen changes in our office staff. We want to thank Abbi Samuels, who has moved on from her job at the sangha office, for all of her contributions to our

(continued on page 7)

Bay Area Satsangs

SSATSANG MEETINGS WITH ADYASHANTI begin with a period of silence, followed by a talk, then a dialogue with the audience. Bring your innermost questions or join in deep silence as Adyashanti leads a profound and intimate investigation into the freedom of spiritual awakening.

- ✿ Contribution per satsang is \$10, paid at the door.
- ✿ Doors open 20 minutes prior for silent sitting.
- ✿ Due to periodic schedule changes, please call (408) 356-8503 to verify dates and locations.
- ✿ Dates noted with a “(v)” indicate that the satsang will be videotaped.

Mill Valley

SUNDAYS, 4–5:45pm

Doors open at 3:40pm. Please arrive on time.

DATES: September 26, November 14, December 12

LOCATION: Strawberry Recreation Center
118 E Strawberry Dr, Mill Valley

From San Francisco: Take 101 north over the Golden Gate Bridge to Tiburon Blvd/E Blithedale exit. Turn right onto Tiburon Blvd. Go to Strawberry Dr. Turn right. The center is 1 block down on your right.

From the North: Take 101 south to Tiburon Blvd/E Blithedale exit. Turn left onto Tiburon Blvd and cross over the highway. Go to Strawberry Dr. Turn right. The center is 1 block down on your right.

Oakland

SATURDAYS, 11am–12:45pm

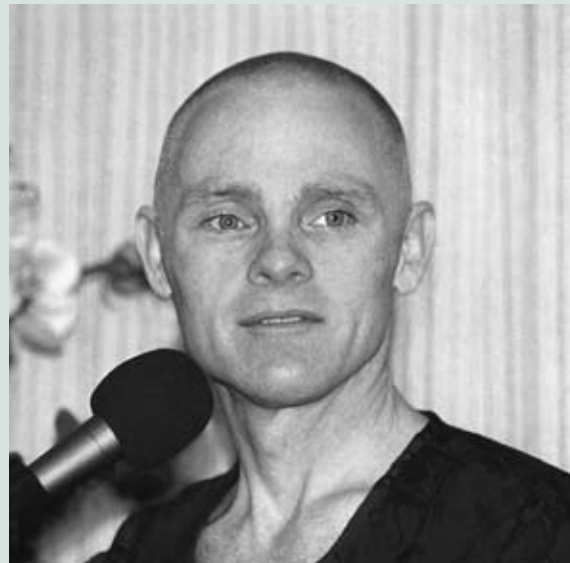
Doors open at 10:40am. Please arrive on time.

DATES: July 31; August 14 (v); September 4; October 9 (v) and 23; November 20; December 18 (v)

LOCATION: Lake Merritt United Methodist Church
1330 Lakeshore Ave, Oakland

From the South Bay: Take 880 north to 238 to 580 west toward Oakland. Take the Lakeshore Ave exit. Turn left onto Lakeshore. Follow Lakeshore along Lake Merritt about one mile to 1330 Lakeshore, which is 2/3 of a block past Foothill Blvd. Look for street parking as soon as you pass Foothill Blvd.

From Berkeley or Marin: Take 80 to 580 east, towards Hayward. Take the Grand Ave exit and go straight across the intersection. Turn right onto Lakeshore Ave. Follow Lakeshore along Lake Merritt about one mile to 1330 Lakeshore, which is 2/3 of a block past Foothill Blvd. Look for street parking as soon as you pass Foothill Blvd.



Palo Alto

WEDNESDAYS, 7–8:45pm

Doors open at 6:40pm. Please arrive on time.

DATES: August 4 and 25; September 1 and 29; October 6; November 10 and 17; December 8 and 15

LOCATION: St Mark's Episcopal Church
600 Colorado Ave, Palo Alto

From Hwy 101: Exit at Embarcadero Rd/Oregon Expwy. Take Oregon Expwy and turn left at Middlefield Rd. Turn right at Colorado Ave. Go one block and turn left into the church driveway. Proceed to the Parish Hall building.

From 280 Fwy: Exit at Page Mill Rd and go east toward Palo Alto. Drive past Foothill Expwy and El Camino Real. Turn right on Middlefield. Turn right at Colorado Ave. Go one block and turn left into the church driveway. Proceed to the Parish Hall building.

Santa Cruz

SATURDAYS, 5:15–7:00pm

Doors open at 4:55pm. Please arrive on time.

DATES: July 31 (v); August 14; September 4 (v) and 25; October 9 and 23; November 13 (v) and 20; December 11 and 18

LOCATION: Pacific Cultural Center
1307 Seabright Ave, Santa Cruz

Take Hwy 17 south until it becomes Ocean Ave. Take Ocean Ave to Broadway and turn left. Take Broadway to Seabright Ave. The Pacific Cultural Center is on the corner of Broadway and Seabright Ave, on your left. Go to the main Performance Hall.

Bay Area Intensives

WEEKEND INTENSIVES are an opportunity to spend time in deep silence and inquiry with Adyashanti and the sangha. Each day will include periods of silent meditation and satsang. Adya will give talks exploring various aspects of spiritual awakening and living an awakened life, followed by question-and-answer periods. Please join us and bring your innermost questions or simply sit in the silence and presence of eternal truth.

The Willingness to Transform

Transformation is not a step-by-step process. Nor is it accomplished by personal will or desire. Transformation happens to a humble mind and a heart willing to embrace its fears and insecurities. The question is not how to transform, but rather, is one willing to transform? Wanting to awaken is not as important as being willing to awaken.

~ Adyashanti

June 19–20 in San Rafael

Saturday, 10am–6pm; Sunday, 1–6pm

Single-day attendance is *not* offered. (Please attend both days.)

Cost: **\$160** (preregistered before June 5 postmark)
\$185 (at the door, space permitting)

Location: Osher Marin Jewish Community Center
200 N San Pedro Rd
San Rafael, CA 94903
(Directions on page 5.)

From Freedom to Love

Discovering our essential nature brings an immense freedom and well-being. It is from this state of freedom that we discover what love truly is. This discovery of love is the opportunity for a revolution to happen in the way we live and move through life. The only question is, are we willing to embrace our true nature completely? Are we willing to love without limitation?

~ Adyashanti

August 7–8 in Palo Alto

Saturday, 10am–6pm; Sunday, 1–6pm

Single-day attendance is *not* offered. (Please attend both days.)

Cost: **\$165** (preregistered before July 24 postmark)
\$190 (at the door, space permitting)

Location: St Mark's Episcopal Church
600 Colorado Ave
Palo Alto, CA 94306
(Directions on page 5.)



To Live the Truth

As many spiritual seekers know, to realize the truth of being is one thing, but to live it is quite another. In order to live the truth realized, we must be willing to embrace change, insecurity, and risk. Fear must be overcome by the motivation of love. Only through love and wisdom can we find the way to live the truths of inner revelation.

~ Adyashanti

October 2–3 in San Rafael

Saturday, 10am–6pm; Sunday, 1–6pm

Single-day attendance is *not* offered. (Please attend both days.)

Cost: **\$165** (preregistered before September 18 postmark)
\$190 (at the door, space permitting)

Location: Osher Marin Jewish Community Center
200 N San Pedro Rd
San Rafael, CA 94903
(Directions on page 5.)

Christmas Intensive

During the busy Christmas season, many desire to dedicate time to honoring the truth as it manifests through Christ. Adyashanti is offering a Christmas Intensive to provide a space where we can do just that. This day of community will include meditation, satsang, music, and singing.

December 19 in Palo Alto

Sunday, 3–9pm

Cost: **\$75** (preregistered before December 4 postmark)
\$100 (at the door, space permitting)

Location: St Mark's Episcopal Church
600 Colorado Ave
Palo Alto, CA 94306
(Directions on page 5.)

Intensive Registration & Information

Preregistration

1. Preregistration deadline is 2 weeks prior to each intensive. Please use intensive registration form below.

2. Preregistrations will be accepted by mail only according to postmark date. We cannot accept registrations postmarked after the preregistration deadlines noted on the registration form.

3. Mail your completed registration form, along with **full payment** (nontransferable), in US check or money order (no credit cards or partial payments). Mail to:

Open Gate Sangha, PO Box 782, Los Gatos, CA 95031 USA

At-the-Door Registration

1. You may register at the door, space permitting, for an additional cost of \$25.

2. Please arrive early (first come, first serve) and have payment ready upon arrival. (Sorry, no credit cards.)

Cancellation Policy for Intensives

Cancellation fee is \$25 prior to the first day of the intensive. No refunds for cancellations on or after the first day of the event.

General Information

9am Registration begins (2pm for Christmas Intensive)

9:30am Doors open

10am Doors close during meditation

Plan to attend the whole event and to arrive on time.

Seating: Folding chairs will be provided. Feel free to bring your own backjack, cushion, or folding chair.

Meal Break: Bring your own food or plan to walk or drive to a nearby restaurant.

Driving Directions

📍 Osher Marin Jewish Community Center

200 N San Pedro Rd

San Rafael, CA 94903

From Hwy 101: Take the San Pedro Rd exit. Go north until you reach 200 N San Pedro Rd.

📍 St Mark's Episcopal Church

600 Colorado Ave

Palo Alto, CA 94306

From Hwy 101: Exit at Embarcadero Rd/Oregon Expwy. Take Oregon Expwy and turn left at Middlefield Rd. Turn right at Colorado Ave. Go one block and turn left into the church driveway. Proceed to the Parish Hall building.

From 280 Fwy: Exit at Page Mill Rd and go east toward Palo Alto. Drive past Foothill Expwy and El Camino Real. Turn right on Middlefield Rd. Turn right at Colorado Ave. Go one block and turn left into the church driveway. Proceed to the Parish Hall building.

Intensive Registration Form

The Willingness to Transform\$ _____

June 19–20 in San Rafael

\$160 before June 5, 2004 postmark. \$185 at the door.

I would like to volunteer at this event.

From Freedom to Love\$ _____

August 7–8 in Palo Alto

\$165 before July 24, 2004 postmark. \$190 at the door.

I would like to volunteer at this event.

To Live the Truth\$ _____

October 2–3 in San Rafael

\$165 before September 18, 2004 postmark. \$190 at the door.

I would like to volunteer at this event.

Christmas Intensive\$ _____

December 19 in Palo Alto

\$75 before December 4, 2004 postmark. \$100 at the door.

I would like to volunteer at this event.

📍 Payment in full is required. If you are paying for more than one intensive, write one check.

📍 Preregistration deadline is 2 weeks prior to each intensive and must be postmarked by the deadline date.

Name: _____

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

E-Mail: _____

This is a new/updated address, phone number, or email.

Special Events

Esalen Institute

in Big Sur, California

Freedom and the Unknown

Friday evening, August 27 – Sunday noon, August 29

Cost: \$405-\$545 (ask Esalen about off-site housing and scholarship rates)

Spiritual awakening opens the door to a life beyond ego—a life lived directly from spirit rather than from the mind. In order to live this way we must stand alone, not as an island, or a defense, isolated within the structure of ideology, but as a free being. We must step completely out of the known, out of every box, every container that humanity has ever created so that the freshness of spirit can flower ever new and free. True freedom comes when every speck of the known collapses into the unknown, not just for a moment but continually.

~Adyashanti

For more information, call Esalen at (831) 667-3000, visit www.esalen.org, or e-mail info@esalen.org.

TO REGISTER: Call Esalen at (831) 667-3005.



East Coast Tour

West meets East! Adyashanti will be traveling for the first time to meet the growing sangha on the East Coast.

New Jersey: October 12

New York: October 14–16

Massachusetts: October 19–20

See page 7 for details.



Spirit Rock Meditation Center

in West Marin, California

Dying Into Life

Sunday, November 21, 11am-6pm

Cost: \$45 + (see below *)

There is more to freedom than awakening from identification with form. There is a deeper freedom and realization which is a death into life. This is where formlessness and form meet, merge, and are known and experienced to be nothing other than your own self.

~Adyashanti

Please bring a bag lunch. For more information and directions: www.spiritrock.org

TO REGISTER: Send a check for \$45 to Spirit Rock. Indicate event code: AY1D04,11/21. You may also register at the door or online at www.spiritrock.org. Preregistration recommended.

Spirit Rock Meditation Center
PO Box 169
Woodacre, CA 94973

*Cost does not include donations to Adyashanti and Open Gate Sangha. Donations may be offered at the end of the intensive.



Transmission of the Flame

ADYASHANTI HAS INVITED DOROTHY HUNT TO SHARE THE DHARMA WITH OTHERS. Dorothy is the author of *Only This!*, a collection of poems and reflections on moments and mysteries of the spiritual journey. She is also the founder of the San Francisco Center for Meditation and Psychotherapy. She leads meditation and spiritual reflection groups, offers weekend retreat days, and sees individuals for private consultation. For more information, to make an appointment, or to be placed on her mailing list for satsang events, you may reach Dorothy at dorothyhunt1@sbcglobal.net or (415) 567-8404.

For information on other teachers within Adyashanti's lineage, visit the *Teachers* page on our website at www.zen-satsang.org.

Adyashanti's Travels

- ☞ Information specific to these events will be mailed to the local areas 2–3 weeks in advance. If we do not have your current address, call (408) 356-5554 or e-mail opengate@pobox.com.
- ☞ Registration for these events *is not* offered through the Open Gate Sangha office. See specific contact information below.
- ☞ Visit our website, www.zen-satsang.org, for updates.
- ☞ Our Infoline, (408) 356-8503, is updated monthly with information about local and out-of-town events.
- ☞ Bring a cushion, backjack, or chair to sit on. For the day-long intensives, also bring a bag lunch or plan to eat at a nearby restaurant.

Date	Area/Event	Time	Cost	Address	Contact/Registration
Southwest States					
Tue, Jun 29	Tucson Satsang	7-9pm	\$10	<i>St Phillips in the Hills Episcopal Church</i> 4440 N Campbell Tucson, AZ 85718	Gary (520) 326-4450
Thu, Jul 1	Taos Satsang	7-9pm	\$10	<i>Taos Jewish Community Center</i> 1335 Gusdorf Rd Suite R Taos, NM 87571	Jeannie (505) 751-4827 jeannie@taosnet.com
Fri, Jul 2	Santa Fe Satsang	7-9pm	\$10	<i>Religious Science Center</i>	Wendy (505) 466-0336
Sat, Jul 3	Santa Fe Intensive	10am-6pm	\$100	505 Camino de Los Marquez	michaelwendy@zianet.com
Sun, Jul 4	Santa Fe Intensive	1-6pm	\$60	Santa Fe, NM 87505	Lisa (505) 820-0426 blumagic@cybermesa.com
Big Sur, CA					
Aug 27-29	Esalen Weekend			See page 6 for details	www.esalen.org (831) 667-3000 info@esalen.org
East Coast States					
Tue, Oct 12	New Jersey Satsang	7-9pm	\$10	<i>First Reformed Church</i> Rte 516 Rocky Hill, NJ 08553	Paul (609) 658-3440 pbahder@att.net
Thu, Oct 14	New York City Satsang	7-9pm	\$10	Location TBA	Allan (212) 737-1680
Fri, Oct 15	New York City Satsang	7-9pm	\$10	"	Loch (917) 327-4798
Sat, Oct 16	New York City Intensive	10am-6pm	\$100	"	
Tue, Oct 19	Boston Satsang	7-9pm	\$10	<i>Unity Church of God</i>	Randy (617) 266-3787
Wed, Oct 20	Boston Satsang	7-9pm	\$10	6 William St Somerville, MA 02144	

Sangha News and Gratitude *(continued from page 2)*

registration processes, website, and systems development. Abbi's dedication to meeting the needs of those called to Adyashanti's retreats and intensives has been appreciated by many.

We also would like to welcome Sonya Bibilos who has joined us full-time, to oversee our registration department and to work in systems development. We are pleased to have her unique combination of experience, clarity, and heart in our office. Please join us in giving her a warm welcome.

Also very appreciated is Susan Kurtz, who contributes a calm presence and her beautiful graphic design work for many projects in our publications department, including this newsletter. Susan, it's great to see this in final print!

So many needs here at the office are being met beautifully. One of the most significant is our recent move to a larger office. Many thanks to all of the wonderful volunteers who helped us move, get set up, and settle in—not to mention all of those trips to Ikea! Sangha members from as far away as Sacramento, Orinda, and Fairfax came to help.

Our mail order bookstore is run almost entirely by volunteers. To keep up with the growing volume of book, DVD, and tape orders, the bookstore has expanded its operations to two days per week. Another vital operation being staffed primarily by dedicated volunteers is reception for the office, which includes answering phones and responding to email inquiries.

We want to express our gratitude to all of the volunteers who give generously of their time in so many ways—in the office; at satsangs, intensives, and retreats; transcribing and editing writings; and much more. Without these volunteers, Adyashanti would simply not be able to offer satsang to the growing numbers of people who wish to sit with him. More than 300 people were invited to the last Volunteer Intensive, which became a beautiful celebration of shared love and appreciation.

Many blessings from the sangha office staff. ☞

How Long Will It Take?

An excerpt from Adyashanti's new book, *Emptiness Dancing*

HERE IS A WONDERFUL STORY about a young man who checks into the monastery, full of juice and ready to be enlightened yesterday. He asks the abbot, "How long will it take me to be enlightened?" To which the abbot answers, "About ten years." The young man says, "Ten years! Why ten years?" The abbot replies, "Oh, twenty years in your case." The man asks, "Why do you say twenty years?" The abbot says, "Oh, I'm sorry. I was mistaken... thirty years."

*As soon as the thought,
"When will I really be free?"
comes up, time has just birthed
itself into existence.*

If you really get it, you realize that to even ask the question gets you ten years. As soon as the thought, "When will I really be free?" comes up, time has just birthed itself into existence. And with this birth of time you have to think, "Probably at least ten years, maybe forever." Where can you go in order to get *here*? Any step takes you somewhere else.

This is surprising to the mind because the mind always thinks of freedom, or enlightenment, as some sort of accumulation, and of course there is nothing to accumulate. It's about realizing what you are, what you have always been. This realization is outside of time because it's now or never.

As soon as your idea of enlightenment becomes time-bound, it's always about the next



moment. You may have a deep spiritual experience and then ask, "How long will I sustain this experience?" As long as you insist on the question, you remain time-bound. If you are still interested in time and the spiritual accumulations you can have in time, you will get a time-bound experience. The mind is acting as if what you are looking for isn't already present right now. Now is outside of time. There is no time, and the paradox is that the only thing that keeps you from seeing the eternal is that your mind is stuck in time. So you miss what's actually here.

Have you ever felt that you really didn't like being here very much and that you wanted some wonderful eternal experience? That's what is often thought but not said when the teacher says, "Be here right now." Inside you are feeling, "I am here, and I don't like being here. I want to be there, where enlightenment is." If you have a really true teacher, you will be told that you are mistaken, that you have never been here.

You've always been in time, therefore, you have never actually shown up here. Your body was here, but the rest of you went somewhere else.

*To be here,
all you have to do is let go
of who you think you are.*

Your body has been going through this thing called "life," but your head has been going through this thing called "my fantasy about life" or "my big story about life." You have been caught in an interpretation about life, so you have never really been here.

Here is the Promised Land. The eternal is here. Have you ever noticed that you have never left here, except in your mind? When you remember the past, you are not actually in the past. Your remembering is happening here. When
(continued on page 9)

Scholarships

Open Gate Sangha (OGS) offers a limited number of scholarships to local intensives and retreats for those who need financial assistance. Scholarships are awarded based on a number of criteria, including availability of OGS's funds, applicant's financial need and sincerity of intention, and prior scholarships awarded to the applicant. Our scholarship program has been designed to:

- make Adyashanti's teachings accessible to those with limited finances
- offer fair distribution of scholarships among a growing number of applicants
- remain a sustainable offering from the organization

To obtain a scholarship application, please download it from the Sangha page of our website, www.zen-satsang.org, or call the

office at (408) 356-5554 *as soon as possible*. The scholarship application deadline for all July-December 2004 retreats is June 6, 2004. The application deadline for intensives is 5 weeks prior to each intensive. We cannot guarantee a scholarship award to any individual.

Please note that applying for a scholarship does not reserve a place in the event for which you have applied unless the scholarship request is granted. If you wish to be included in the retreat lottery, regardless of whether or not you receive a scholarship, please send in a completed registration form and your \$275 deposit.

Many thanks to those who have made donations to the Scholarship Fund. Those interested in contributing can refer to "Tax-Deductible Contributions" on page 9.

How Long... (continued from page 8)

you think about the future, that future projection is completely here. And when you get to the future, it's here. It's no longer the future.

To be here, all you have to do is let go of who you think you are. That's all! And then you realize, "I'm here." Here is where thoughts aren't believed. Every time you come here, you are nothing. Radiantly nothing. Absolutely and eternally zero. Emptiness that is awake. Emptiness that is full. Emptiness that is everything.



Adyashanti's new book, *Emptiness Dancing*, will be available in July. See box on right for more information.

Tax-Deductible Contributions

Most of your contributions to Open Gate Sangha are tax-deductible, including payments for satsangs, intensives, and retreat tuition. The accommodations portion of retreat fees, however, is not tax-deductible.

Those who feel called to financially support Adyashanti's teaching work may also contribute to one or more of the following funds:

General Fund: For the general, day-to-day operations that make Adyashanti's satsangs, intensives, retreats, and travel possible.

Publishing Fund: For production and distribution of books and audio and video tapes.

Scholarship Fund: For helping others to afford the cost of intensives and retreats.

To contribute, please indicate the fund(s) on your check and mail it to address below.

Open Gate Sangha, Inc. is a nonprofit, tax-exempt organization. Our office is located in Los Gatos at 15951 Los Gatos Blvd Suite 7. Please send ALL mail to:

PO Box 782
Los Gatos, CA 95031
(408) 356-5554
opengate@pobox.com

Board of Directors

President Adyashanti
Vice President..... Annie Gray
Treasurer Julie Zeise
Secretary Annie Gray
Legal Counsel Gary Wolf



Executive Director Jerilyn Munyon

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Books by Adyashanti

New!

Available in July...

Emptiness Dancing
Selected Dharma Talks of Adyashanti

© 2004 by Adyashanti
200 pages, softcover.
ISBN: 0-9717036-4-7
\$20 Item#3EDA

Discovering our true nature could be called the discovery of emptiness—of the vast stillness and loving silence that lies beyond and within all that exists. Our lives are the dance of this emptiness as it flowers into form. *Emptiness Dancing* offers dynamic teachings that come directly from this emptiness and draw the open heart into profound realization. Adyashanti reveals valuable insights and explores important themes relevant to those seeking and deepening into truth. He shares an enlightened perspective on:

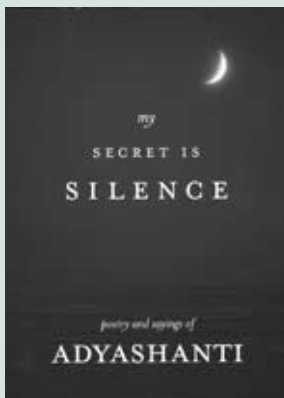
- ✿ the seeker's struggle
- ✿ the joys and challenges of awakening
- ✿ the symptoms of spiritual addiction
- ✿ the essence of sacred relationship
- ✿ the true meaning of enlightenment
- ✿ the simple secret to happiness



My Secret Is Silence
Poetry and Sayings of Adyashanti

© 2003 by Adyashanti
141 pages, softcover.
ISBN: 0-9717036-1-2
\$17 Item#3MSI

Celebrating life from the vantage of the laughing Buddha, Adyashanti gently invites the mystery to wake up to itself in the heart of each reader. This book is a wonderful gift for anyone who loves getting drunk on the truth or who still imagines they are thirsty and need a long, sweet sip from the beloved's overflowing cup.



The Impact of Awakening
2nd Edition

© 2000, 2002 by Adyashanti
130 pages, softcover.
ISBN: 0-9717036-0-4
\$17 Item#3IOA

In this collection of dynamic excerpts from Adyashanti's satsang dialogs, the reader is guided from the initial impulse to be free to its culmination in liberation. Adyashanti also speaks about the role of grace, the student-teacher relationship, and how to move beyond beliefs that distort our perception of the truth.



Adyashanti on Video

New VHS Video!

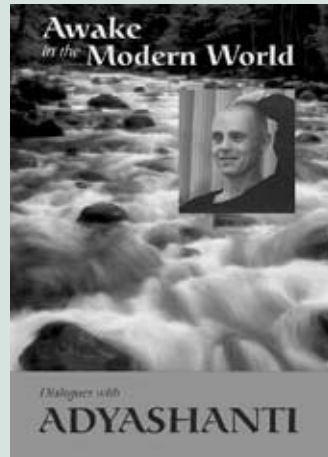
Awake in the Modern World Dialogues with Adyashanti

Produced by Robert Revel.

© 2004 by Adyashanti. VHS Length: 67 minutes

\$25 Item#4AIV

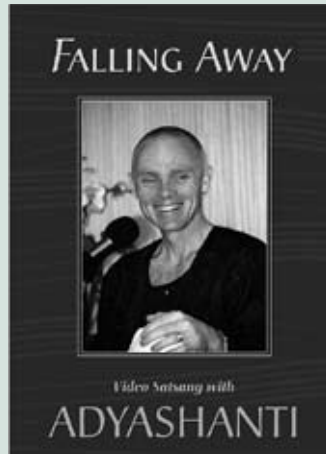
These two heartwarming and engaging video interviews with Adyashanti blend journalistic objectivity with the intimacy of the student-teacher relationship. Interspersed with excerpts from satsang talks, the interviews explore subjects of interest to modern spiritual seekers as they relate to ancient ideas from Hinduism, Buddhism, and Christianity. Adyashanti shares many valuable insights into such topics as karma, sin, healing, repentance, love, presence, memory, meditation, and what it means to live an awakened life. (Available in VHS format only.)



New DVD Series!

Available in July...

Falling Away and *When Truth Takes Over* are the first in a continuing series of DVDs that capture the dynamic quality of satsang with Adyashanti in a live, unedited format.



Falling Away

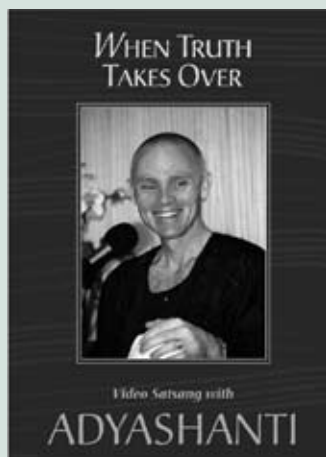
August 16, 2003 – Oakland, CA

©2003-2004 by Adyashanti. DVD length: 90 minutes

\$25 Item#4FAD

When human experience is completely accepted within oneself, daily frustrations and the “whys” of suffering fall away. This lesson is illuminated in a humorous exchange between Adyashanti and a student befuddled by her computer and by life in a high-tech, unconscious world.

When you can see that all experiences are equal expressions of the One, and that feeling bound is just as much the One as feeling free... only then does the inner division, better known as ego, fall away.
~Adyashanti



When Truth Takes Over

October 12, 2003 – Oakland, CA

© 2003-2004 by Adyashanti. DVD length: 90 minutes

\$25 Item#4WTD

In this riveting satsang, Adyashanti explores how we shift from being moved by a personal self to being moved by a deep surrender to truth. This change of occupancy, without the egoic self, allows for a radiance of being that is unattached to heaven or earth.

Rather than occupying a personal self concerned with success, goals, or purpose, the truth takes over and emptiness occupies us. A deep surrender allows occupancy to change.... It's all the truth ever wanted to do.
~Adyashanti

Santa Barbara DVDs



The Gift of Wanting

© 2003 by Adyashanti

Length: 120 minutes

\$29 Item#4GOD

This DVD offers a powerful introduction to Adyashanti's teachings. Topics of inquiry include how wanting gives rise to dissatisfaction and suffering, traveling from the head to the heart, the limitation of thought, the fear of death, why denying what we want doesn't work, sex and the ego, and the hidden gift of wanting.



The Truth That Is Always Present

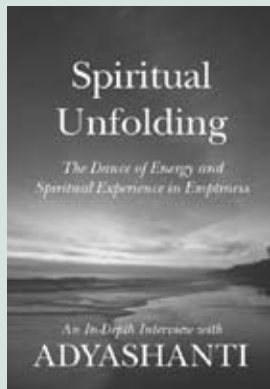
© 2003 by Adyashanti

Length: 120 minutes

\$29 Item#4TTD

Once we awaken to who we are, how do we live our lives as an embodiment of that truth? On this DVD, Adyashanti addresses this question and related topics such as oscillating between the state of conditioning and just being, outgrowing friends, speaking truth in the midst of conflict, prolonged suffering, and authentic love.

Audio Albums



Spiritual Unfolding: The Dance of Energy and Spiritual Experience in Emptiness

© 2003 by Adyashanti
2-cassette album. Approx 120 min.
\$19 Item#2SUN

Awakening to our true nature may be accompanied by increased spiritual energy and a variety of spiritual experiences, such as visions, insights, and psychic phenomena. Adyashanti and transpersonal therapist Bonnie Greenwell discuss common experiences of awakening.



Peace Beyond Understanding

© 2001 by Adyashanti
2-cassette album. Approx 3 hrs 15 min.
\$19 Item#2PBU

Tape 1 - *The Me and the Buddha*
Adyashanti exposes how the mind perpetuates the “me” concept and shares what happens when the “me” encounters the peace that surpasses all understanding.

Tape 2 - *The Willingness to Be Touched*
Through true humility and a willingness to be touched, self-contraction mysteriously relaxes into the peace and true humility of the heart.

Visit www.zen-satsang.org for a wide selection of tape albums and single cassettes.

Weekend Intensive Tape Albums

©2002-2004 by Adyashanti
5-cassette albums. Approx 8 hrs per album
\$55 per album

Have a Weekend Intensive at Home!

Choose one or more of these full-length, five-cassette tape sets recorded live at weekend intensives with Adyashanti. Each tape set presents a unique aspect of the profound and intimate investigation into the freedom of spiritual awakening. Also included are questions from the audience and powerful direct inquiry dialogs with Adyashanti.

New!

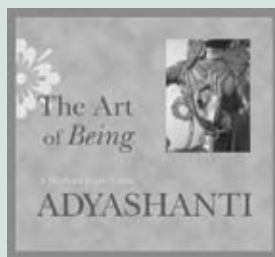
The Art of Being

\$55 Item#7AOB

The art of being is the willingness to rest in the unknown, to rest in the present moment. The little “me” cannot be aware, it can only focus awareness. So when we let go of manipulating the present moment in any way, we discover that awareness is

our natural state—wakefulness is already here. Instead of practicing being aware, one effortlessly takes note that awareness is always present.

~Adyashanti



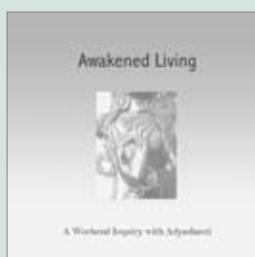
New!

Awakened Living

\$55 Item#7ALI

Awakening opens the door to a life beyond the ego—a life lived directly from spirit rather than from the mind. In this new world, the conditioned ego no longer feels to be the appropriate center from which to relate and function. Something far deeper is called for: a total transformation in the way we live and relate. The truth realized seeks to become the truth lived.

~Adyashanti



New!

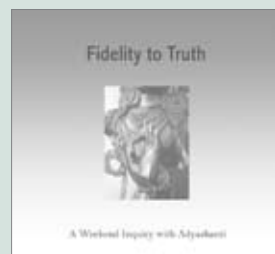
Fidelity to Truth

\$55 Item#7FTT

What would it be like to shine the light of truth into every aspect of your life? What would it mean to leave no stone unturned, to stop avoiding anything, and to hold an unwavering fidelity to truth? What would it be like? You can't know until you do it, until you

step into an absolute fidelity. This is the sacred marriage where only a fierce commitment to the truth will suffice.

~Adyashanti



More intensive tape albums ...

Cutting Through the Egoic Trance - Item#7CTT

Freedom is an Unknown Land - Item#7FIA

The Ending of Time - Item#7EOT

The Fire of Truth - Item#7FOT

Dharmic Relationship - Item#7DRE

From Awakening to Liberation -Item#7FAL

Please visit the books and tapes page of our website, www.zen-satsang.org, for descriptions of all the weekend intensive tape sets.

New Audio Cassettes

Resting in the Unborn

Item#1RIT. December 3, 2003 – Mtn View, CA
 Resting in the unborn is a potent source of true realization. This clarifying satsang explores the imaginary “me” and its resistance to the unknown. This me creates a fictional universe and then suffers over what it believes to be true. In the quietness of the moment, the unborn opens the portal to our true freedom of being.

The Natural State of Meditation

Item#1NSO. November 12, 2003 – Mtn View, CA
 This tape contains one of the clearest explanations of meditation in the Open Gate Sangha library. Adyashanti describes how disengaging the meditator marks the beginning of true meditation, how trying too hard becomes “sitting manipulation,” and how meditation may not be the quickest way to enlightenment. A primer for all students.

The True Heart

Item#1THE. October 28, 2003 – Boulder Creek, CA
 One of the biggest barriers spiritual seekers face is being certain that they have the truth while others do not. Adyashanti explains that the truth projected from the mind is ignorant while the truth emanating from the heart is a direct, intuitive knowing. This tape from a long-term students’ retreat is one all students can enjoy.

The Power of Perception

Item#1POP. February 18, 2004 – Mtn View, CA
 Adyashanti speaks of the courage it takes to perceive directly what is true and to stand alone in the vast silence in which one’s whole personalized world of thought and belief disappears. This satsang includes a revealing dialog about what happens after death. Highly recommended.

It’s a High Stakes Game, Cowboy

Item#1IAH. March 19, 2003 – Boulder Creek, CA
 This retreat dialog tape illuminates how a satsang can uplift and amuse everyone, including the teacher. Here a cowboy offers the wisdom of nothingness while Adya’s father demands “equal time.” Topics include spiritual completion, children and changing schools, and the “house builder” of ego fiction. “My kind of satsang,” says Adya.

Living the Mystery

Item#1LTM. January 28, 2004 – Mtn View, CA
 In this highly engaging satsang, Adya unveils the mind’s tendency to collect knowledge instead of living in the mystery of the unknown. Sharing practical insights and entertaining stories, Adya also addresses the student-teacher relationship, seeking approval, not abandoning oneself, the fluidity of love, and the compassion of truth in everyday life.

90–105 min. each /\$10 per tape



Retreat at Home!

©2003 by Adyashanti
 12 audio cassettes with booklet
 Approx. 20 hours
 \$119 Item#7RAH

Adyashanti has often said that silent retreats are the most powerful form of his teaching. This album was created especially for those who are unable to attend a scheduled retreat, for those who are drawn to retreat in private, or for anyone who would like to engage in a profound investigation of awakening to liberation in this life.

The album includes 12 satsangs selected from a stunningly powerful 10-night retreat in which Adyashanti shares unique teachings relevant to both new and long-time students. Also included is a special handbook to assist you in creating an at-home retreat that fosters spiritual inquiry into an ever-deepening realization.

Shipping and Handling

USA: \$4 for the first item.
 Add \$1 for each additional item.
 Canada: \$6 for first item.
 Add \$2 for each additional item.
 Overseas: \$10 plus 10% of order total.

Ordering Information

Orders by mail only. Please send payment in US check or money order (sorry, no credit cards) to:

OPEN GATE SANGHA
 PO Box 782
 Los Gatos, CA 95031 USA

Item #	Item Name	Qty	Price Ea	Subtotal
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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Order Total _____

Shipping & Handling _____

Grand Total _____

Please allow 2–4 weeks for delivery.
 Questions? Call (408) 356-5554

Name: _____
Address: _____
City/State/Zip: _____
Day Phone: _____ E-Mail: _____

Silent Retreats

Adyashanti's retreats have become known as profoundly liberating events that open the heart of realization and true understanding. In response to Adyashanti's passionate call to awaken, many have been transformed by the direct experience of who and what they truly are.



ADYASHANTI STRUCTURES THESE RETREATS to provide a powerfully dynamic environment of profound silence and intimate satsang. Serious spiritual seekers are both nurtured and challenged to dive deeply into themselves.

The schedule of daily activities includes several periods of meditation, satsangs, and yoga or stretching. Outside of satsang, these retreats are held in *silence*.

August 17–22

September 7–12

November 2–7

November 30–December 5

4-Time Retreaters' 5-Night Retreat at Vajrapani

5-Night Retreat at Mount Madonna

5-Night Retreat at Mount Madonna

5-Night Retreat at Mount Madonna

Retreat registration deadline: June 6, 2004

Details on page 14



Retreats at Mount Madonna

5-Night Retreat:

Tuesday, September 7, 3pm–Sunday, September 12, 1pm

Cost: \$505-\$790 (see Registration Form)

5-Night Retreat:

Tuesday, November 2, 3pm–Sunday, November 7, 1pm

Cost: \$505-\$790 (see Registration Form)

5-Night Retreat:

Tuesday, November 30, 3pm–Sunday, December 5, 1pm

Cost: \$505-\$790 (see Registration Form)

Mount Madonna Center is located in the Santa Cruz Mountains of California, overlooking the Monterey Bay. It offers a peaceful mountain setting, with 355 acres of redwood forest and grassland. The accommodations are very comfortable. The cost includes three vegetarian meals per day. Registration is limited to 140 people. Mount Madonna's buildings are wheelchair accessible.

Retreat for 4-Time Retreaters

5-Night Retreat at Vajrapani:

Tuesday, August 17, 3pm–Sunday, August 22, 1pm

Cost: \$500-\$675 (See Registration Form)

This retreat is open to those who have attended 4 or more retreats with Adyashanti. (Sorry, no exceptions.)

Vajrapani is a beautiful, peaceful Tibetan Buddhist retreat center located in the Santa Cruz Mountains of California amidst 70 acres of redwood forest. Dormitory style accommodations and camping are offered. (A few private/semi-private cottages are also available.) Cost includes three vegetarian meals per day. Registration is limited to 45 people.

At Vajrapani, the showers and private cabins are located up a very steep hill accessible by foot. Due to the rustic nature of the Vajrapani retreat site, participants with special physical needs are asked to join Adyashanti at the Mount Madonna retreats.

Retreat Registration Instructions

Retreat Registration Deadline: June 6, 2004

Use registration form on page 15.

All postmarks before June 6 will be considered a June 6 postmark.

Preregistration Is Required: If you have missed the deadline, call (408) 356-8503 to verify that we are still accepting registrations.

IMPORTANT INFORMATION about Retreat Lotteries:

Registrations will be accepted according to postmark date. All postmarks before June 6 will be considered a June 6 postmark. We anticipate that these retreats will fill on June 6. A lottery will be held to assign the spaces at random. Confirmation letters will be mailed in mid-July.

Housing: On the registration form, indicate your 1st, 2nd, and 3rd preference for accommodations because there are a limited number of rooms in each category. *Mark all 3 choices.* We cannot guarantee that you will receive your housing preference. Rooms will be assigned according to lottery results. If you wish to share a room with someone, specify their name next to your housing preferences.

Partners: If you and another person would like to attend a retreat together, and you do not wish to attend individually, use one registration form for both of you. Otherwise, use separate forms.

Payments for US Applicants: Send a *separate* check of \$275 for each retreat. Mail your completed retreat registration form, along with a \$275 nontransferable deposit per retreat. We cannot accept partial payments. Send payment in US check or money order (no credit cards) to:

Open Gate Sangha, PO Box 782, Los Gatos, CA 95031 USA.

Full payment is due 30 days prior to the retreat.

Payments for International Applicants: E-mail registration@zen-satsang.org by May 23, 2004, to discuss payment methods.

Scholarships: See information on page 8.

Confirmations: A confirmation letter will be mailed to you in mid-July. If you do not get into a retreat, you will be sent notification that you have been placed on the waiting list for the retreat you requested. (No phone calls, please.)

Attendance Requirements: Retreaters are required to arrive on time, to register between 3-5pm, and to stay until the end of the retreat (1pm on the last day).

Cancellation Policy for Retreats:

Cancellation fees are as follows: 60 days or more prior to the retreat: \$25.

30–59 days prior to the retreat: 100% of deposit (\$275).

Less than 30 days prior to the retreat: 100% of total fees.

Retreat Registration Deadline: June 6, 2004

Retreat Registration Form

Please follow retreat registration instructions on page 14.

August 17–22, 2004 Check Enclosed \$ _____

4-Time Retreaters' 5-Night Retreat at Vajrapani *

- 1st 2nd 3rd Accommodations Preferences
- Camping: Tent or Van\$500
- Dorm (6–13 to a room)\$500
- Cabin-Double (very limited availability)\$638
- Must specify partner: _____
- Cabin-Single (very limited availability)\$675

*This retreat is open to those who have attended four or more retreats with Adyashanti.

November 2–7, 2004 Check Enclosed \$ _____

5-Night Retreat at Mount Madonna

Housing partner: _____

- 1st 2nd 3rd Accommodations Preferences
- Own Van \$505
- Dorm (4–7 to a room) \$605
- Triple (3 to a room) \$640
- Double (2 to a room) \$685
- Double with Private Bath \$730
- Single—No Bath (very limited availability) \$790

September 7–12, 2004 Check Enclosed \$ _____

5-Night Retreat at Mount Madonna

Housing partner: _____

- 1st 2nd 3rd Accommodations Preferences
- Camping: Own Tent or Van \$505
- Camping: Tent provided by Mt. Madonna \$530
- Dorm (4–7 to a room) \$605
- Triple (3 to a room) \$640
- Double (2 to a room) \$685
- Double with Private Bath \$730
- Single—No Bath (very limited availability) \$790

November 30–December 5, 2004 Check Enclosed \$ _____

5-Night Retreat at Mount Madonna

Housing partner: _____

- 1st 2nd 3rd Accommodations Preferences
- Own Van \$505
- Dorm (4–7 to a room) \$605
- Triple (3 to a room) \$640
- Double (2 to a room) \$685
- Double with Private Bath \$730
- Single—No Bath (very limited availability) \$790



Cancellation Policy for Retreats

Cancellation fees are as follows: 60 days or more prior to the retreat: \$25.
 30–59 days prior to the retreat: 100% of deposit (\$275).
 Less than 30 days prior to the retreat: 100% of total fees.

Follow registration instructions on page 14.

- ☛ Enclose a *separate* check of **\$275** for each retreat.
- ☛ US applicants: Mail this form with a **\$275 nontransferable** deposit **per retreat** payable in **US** check or money order (sorry, no credit cards) to:
 Open Gate Sangha
 PO Box 782
 Los Gatos, CA 95031 – USA
- ☛ International applicants: email registration@zen-satsang.org by May 23, 2004, to arrange deposit payment.
- ☛ For more information, visit **www.zen-satsang.org**. If you still have questions, you may call the office at (408) 356-5554 or e-mail registration@zen-satsang.org.

Name: _____

Male Female

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-Mail: _____

This is a new/updated address, phone number, or e-mail.

Adyashanti—January through June 2004



AFTER 15 YEARS OF ZEN PRACTICE and a series of ever-deepening realizations, Adyashanti's Zen teacher asked him to teach. Since then, many spiritual seekers have awakened to their true nature while spending time with Adyashanti. His unique expression of the living truth emerges spontaneously from emptiness, free of any tradition or ideology. Adyashanti's teachings have been compared to those of the early Chan (Zen) masters and to the nondual Indian

wisdom teachings of Advaita Vedanta. Adyashanti lives with his wife, Annie, in his native San Francisco Bay Area and teaches in the United States and Canada.

A Weekend at **Esalen Institute**

Big Sur, CA

Freedom and the Unknown

We invite you to join Adyashanti for a weekend of satsang and inquiry at Esalen Institute on
August 27–29.

For more information, see page 6, visit **www.esalen.org**, or call (831) 667-3000.

www.zen-satsang.org

Open Gate Sangha

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Los Gatos, California 95031

Infoline: (408) 356-8503
www.zen-satsang.org

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